

The Match

A match consists of five sets maximum. Each one of the first four sets is completed when a team wins 25 points, with a lead of at least two points over the opposing team (e.g. 25-23). In the case of a tie at 24-24, the set continues until one of the two teams takes a lead of 2 points and is declared winner of the set (e.g. 26-24).

The fifth set is completed when one team wins 15 points, having a lead of 2 points over the opposing team (e.g. 15-13). In the case of a tie at 14-14, the set continues until one of the two teams acquires a lead of two points and is declared winner of the set (e.g. 16-14). The winner of the match is the team that wins three sets first.

The match begins with a service attempt. Each team's players are allowed to make contact with the ball three times, including contact during a defensive block on the ball, before returning it to the opposing team. The team that wins a play also wins the point. If the team receiving the service wins the play, it also wins the right to serve and its players move by one place in a clock-wise direction.



Information

If you are interested in finding out more about Volleyball in Greece you can contact the Hellenic Volleyball Federation: 47, M. Botsari & Falirou st., 117 42, Athens
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For further information on sports you can also visit the ATHENS 2004 website

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Volleyball



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Volleyball is a dynamic, fast and yet gentle sport that exercises body and mind harmoniously. Volleyball was born in the USA in 1895 and has been a popular sport worldwide ever since.



Πετοσφαίριση
Volleyball

The International Volleyball Federation was founded in Paris in 1947, where the first regulations were also formulated. Men's and women's Volleyball was included in the Olympic Games competition schedule in 1964 in Tokyo.

The sport was first developed in Greece in 1922 by clubs in Athens, the first of which was Panionios Sports Club. The first men's championship took place in Athens in 1925, while the women's was held in Thessaloniki in 1926. The first Men's National Championship took place in 1936. The Greek Volleyball Federation was founded in 1970 (known by its Greek initials EOPE), along with an 'A' Division' National League for men. The first National Championship for women took place in 1971.

During the ATHENS 2004 Olympic Games, the Volleyball competition will take place at the Peace and Friendship Stadium of the Faliro Coastal Zone Olympic Complex.

Equipment

Field of Play

The field of play includes the Volleyball court and the free zone, which shape a rectangle. The court is a rectangle measuring 18x9m, while the free zone extends 5m from the long side of the court and 8m from the short side.



The court is divided in two equal parts by a net, which is placed vertically over the court's central line. The net's height is 2.43m for men and 2.24m for women. A line parallel to and 3m away from the net separates each team's court into two zones, the front zone (offensive) and the rear zone (defensive).

The Ball

The ball is made of rubber or synthetic leather, while its interior is an inflatable rubber tire. The ball's colours are bright and distinguishable. The balls used for official competitions must be blue, yellow and white.



Characteristics

Volleyball competitions are held in indoor courts by two teams of twelve, each with six players in the game and six on reserve.

The Volleyball net divides the field of play into two equal parts, each of which comprises the team's court.

The aim of the game is to pass the ball over the net so that it hits the ground of the opponent's court, while preventing the opposing team from doing the same. The winning team is the one that wins three sets first. A set is won once a team reaches 25 points, having a lead of at least two points over the opposing team.

Two judges supervise the game, in cooperation with the marker and the lines' supervisors (two or four depending on the game category).

